

Ops Order Survival FTX 30 May - 1 Jun 14  
Annex B - Cadet kit list

The following items are mandatory personal kit for participants in the FTX:

- 1) Provincial health card
- 2) Items of personal hygiene, ie: Toothpaste/tooth brush, baby wipes, soap, towel, deodorant
- 3) 2 Extra set of clothes, including: Pants, t-shirts, long sleeve t-shirts, wool socks

DO NOT BRING ANY CLOTHES MADE WITH COTTON - ***NO JEANS***.  
SWEATPANTS ARE ACCEPTABLE - BRING CLOTHES MADE WITH  
SYNTHETIC FIBRES - NYLON OR POLYESTER.

- 4) 2 Hoodies
- 5) 1 Windbreaker jacket
- 6) Undergarments
- 7) Hiking boots - Ankle-high to provide good support. ***No high-top sneakers.***
- 8) A flashlight or a headlamp. A headlamp is preferred.
- 9) A ball cap. The cadet beige tilley hat issued during summer training is preferred.
- 10) Lip balm or chap stick
- 11) Sun block cream
- 12) A tuque
- 13) Gloves
- 14) Water bottle
- 15) Day back pack
- 16) Insect repellent